

## Short Term Mission Orientation Course Checklist

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- ❖ The Biblical Basis for Mission
- ❖ Introduction to sending agency (history, vision, aims etc)
- ❖ Cross Cultural Issues
  - What is culture? – understanding where you come from
  - Introduction to the culture you're visiting (traditional practices; behaviour; social/political issues; dress code)
  - What is culture shock? And how to deal with it?
  - Case studies – of cultural dilemmas
  - The view from the other side – how might you be viewed by your hosts
- ❖ Health tips
  - Physical
  - Emotional – keeping balanced when adapting to a new culture
  - Spiritual – growing in faith whilst away
- ❖ Travel and Safety / Security / Risk Assessment
- ❖ Team Building
  - Get to know one another (self; personality; learning style; gender)
  - What is a team? (dynamics; roles; types)
  - Assign specific roles to team members (job description)
  - Discuss expectations and hopes and fears
  - Resolving conflict
  - Worship and Pray together
- ❖ Introduction to your host country, including understanding its religious context
  - Photos/maps
  - Food
  - Do's and Don't's
- ❖ Itinerary
- ❖ Practicalities
  - Outcomes and goals of the trip
  - Itinerary
  - Project details
  - Finances
  - Lines of responsibility /authority
  - Insurance cover
  - Emergency procedure and contact details
  - Involving your Church
  - Time management and coping with different perceptions of time
  - Child protection issues / relationship guidelines
- ❖ Language Learning
- ❖ Extras
  - Sharing your faith in a cross cultural situation
  - Using Drama in mission
  - Using Sports in mission
  - Working with children
  - Teaching English
  - Dealing with poverty / suffering
  - Leading Bible Study Groups
  - Student work
  - Keeping in touch with supporters
  - Issues for singles / couples / families
  - Photo/video tips, including how and when to take
- ❖ Preparing to Return Home

- Reverse Culture Shock
- Debriefing arrangements / next steps on journey

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