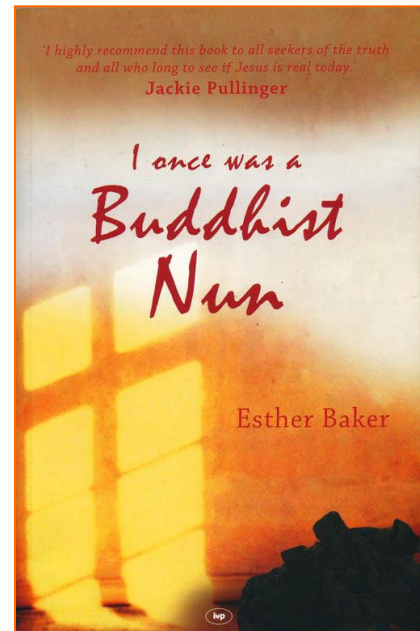


## Book Review...

### **I once was a Buddhist Nun**

by Esther Baker, pub IVP, isbn 978-1-84474-384-1  
available from Christian bookshops.

After three years of 'freedom' in London in the 1970s, living for herself, without boundaries, eventually getting involved in the occult, Esther found herself at twenty one, emotionally exhausted. She writes, "I had lived hard for three years, trying to fill up the emptiness and neediness inside me, searching for security and happiness in worldly pleasures ..." She then travelled as she tried to find some meaning for life, visiting Nepal, Sri Lanka and Thailand and finding what she felt were answers in Buddhism, eventually becoming a Buddhist nun. After thirteen years as a Buddhist, Esther's life suddenly began to take an unexpected turn as we read about how Christ entered her life and changed everything.



On the cover Jackie Pullinger writes, "I highly recommend this book to all seekers of the truth and all who long to see if Jesus is real today."

Inside the book, Martin Goldsmith writes:

"Buddhism is a major influence in British thought these days through the New Age Movement and postmodernism, the spread of yoga and meditation etc. I rejoice in a clear book of this sort which relates to it. This simple and genuine story should be read by any Christians who face the issues of Eastern religions."

I too recommend Esther's book, easy reading, informative on Buddhism, an adventure into truth through an intriguing route and also a good book to give to any friends who are not yet Believers!

*Mrs Ann Bower  
Co-ordinator Mission in the UK forums  
Global Connections*